



International Walk to School Day (October)

International Walk to School Day

Learn how to plan a walk to school day event here:

<http://5210.psu.edu/wp-content/uploads/2017/04/3october5210hmc-challenge.pdf>

#WALKTOSCHOOL
#5210HMC



Post to Social Media

Just copy, paste and post!



Join others across the world for International Walk to School Day! Communities across the world create safe routes for our children to walk and bike safely to school. Visit www.walkbiketoschool.org to sign up for Walk to School Day and continue our #5210HMC habits!

To learn more about 5210 Healthy Military Children, visit 5210.psu.edu!



Talk to your family & schools about participating in Walk to School Day. Visit www.walkbiketoschool.org & continue your #5210HMC habits!

Choose a Challenge

Walk to School Day

<http://5210.psu.edu/wp-content/uploads/2017/04/3october5210hmc-challenge.pdf>

Geocache

<https://5210.psu.edu/wp-content/uploads/2019/02/Geocaching-8-Steps-hmc.pdf>

Go for a Hike!

https://www.recreation.gov/marketing.do?goto=acm/Explore_And_More/hiking.htm

Do a Nature Scavenger Hunt

<https://5210.psu.edu/wp-content/uploads/2019/02/Nature-scavenger-hunt-hmc.pdf>

Provide Feedback

Take less than 5 minutes to complete the feedback tool below to let us know how your monthly booster went - what did you do, how and where did you distribute information, who all got involved, what worked, what didn't work, what did you like, what didn't you like, what did the kids and families seem to enjoy, or give us your ideas!

[5210 Monthly Booster Feedback Tool](#)

CLEARINGHOUSE
FOR MILITARY FAMILY READINESS